

BLUE PEARL CAFE

ORGANIC, PLANT-BASED, GLUTEN-FREE



JUICE DR. JUICES

GENESIS

Apple, Kale, Lemon, Ginger

ALCHEMY

Apple, Cucumber, Kale, Spinach, Lemon, Ginger

THE MAGICIAN

Cucumber, Celery, Kale, Spinach, Lemon, Ginger, Dandelion

LOVE DR.

Pineapple, Pear, Grapefruit, Ginger, Beet

TERRA

Pineapple, Carrot, Turmeric, Lime

ROOTS

Carrot, Beet, Green Apple, Lemon, Turmeric

THE VOID

Filtered Water, Lemon, Ginger, Raw Agave, Activated Charcoal

TRINITY

Apple, Lemon, Ginger

8

8

8

8

8

8

8

8

WELLNESS SHOTS

GINGER BOMB

Ginger, Lemon

3.5

TURMERIC BOMB

Turmeric, Lemon, Ginger, Apple Cider Vinegar

3.5

CHARCOAL BOMB

Filtered Water, Lemon, Ginger, Raw Agave, Activated Charcoal

3.5

WHEATGRASS

2 oz of fresh wheatgrass juice

3.5

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SPECIALTY COFFEES

CHILL OUT LATTE

Lavender latte with kava

FOCUS LATTE

Vanilla mint latte with l-tyrosine and lion's mane

ENERGIZE LATTE

Mocha latte with rhodiola

HEMP LOVER

Hemp milk latte with CBD

PLANTPROOF

Keto-approved coconut milk latte with coconut butter and MCTs

COFFEE OFFERINGS

ESPRESSO • CORTADO • CAPPUCCINO •
LATTE • AMERICANO • NITRO COLD BREW • DRAFT LATTE

TEA OFFERINGS

HAPPY BLEND- CHAMOMILE, PEACH, PASSIONFLOWER
CHAMOMILE • MATCHA • YERBA MATÉ • PEPPERMINT •
BLACK MATÉ • GREEN • CHAI

MODIFIERS

MILKS: OAT, COCONUT, HEMP

SYRUPS/SWEETENERS: VANILLA • VANILLA MINT • LAVENDER •
CHOCOLATE • AGAVE • MONK FRUIT • MAPLE SYRUP •
COCONUT SUGAR

SIZES: SMALL • LARGE

ALL DRINKS CAN BE MADE ICED OR HOT

SPECIAL-TEAS

GET HAPPY

Happy blend tea with 5-HTP and CBD

DETOX LATTE

Dandy Blend latte with milk thistle and burdock root

MATCHA LATTE

Freshly-brewed matcha with milk and sweetener of choice

GOLDEN HOUR

Spicy turmeric latte with turkey tail mushroom

THETA WAVE

Deep sleep tea blend with kava, CBD, and l-theanine

CHAI LATTE

House-made rooibos chai concentrate with milk of choice

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SMOOTHIES

SALTED CARAMEL

bananas, dates, oat milk, gelatinized maca, lion's mane, vanilla, salt

CBDELICIOUS

bananas, hemp seeds, hemp milk, espresso grinds, cacao powder, dates, CBD

BLACK AND WHITE

bananas, dates, vanilla, turkey tail, oat milk, raspberries, activated charcoal

REISHI BLUEBERRY MOCHA

bananas, blueberries, espresso, oat milk, dates, Livwell chocolate protein, reishi

BLUE GREEN PROTEIN

spinach, blueberries, bananas, dates, spirulina, Livwell vanilla protein, milk

IMMUNITY LASSI

mango, pineapple, coconut yogurt, turmeric, lemon, dates, 5-defenders mushroom mix

CARROT CAKE

carrot, bananas, sunflower butter, cinnamon, dates, oat milk

COLLAGEN BOOST

pineapple, bananas, blueberries, wheatgrass, aloe juice, maple syrup, oat milk

TAHINI SHAKE

bananas, ice, tahini, Livwell vanilla protein, dates, oat milk

ACAI BOWL

açaí, bananas, blueberries, fresh juice, granola, berries

DRAGONFRUIT BOWL

dragonfruit, pineapple, mango, fresh juice, granola, berries

BUILD A SMOOTHIE OR BOWL

BOWL BASES

HOT OATS • OVERNIGHT OATS • ACAI • DRAGONFRUIT • CHIA PUDDING

SMOOTHIE BASES

BANANA • PINEAPPLE • BLUEBERRY • STRAWBERRY • KALE • SPINACH • COCONUT YOGURT • RASPBERRY • MANGO • ACAI • DRAGONFRUIT • CARROT

PROTEIN

CHOCOLATE • VANILLA • MORINGA

ADD-INS

MACA • LUCUMA • SCHIZANDRA • AMLA • CHARCOAL • GLUTAMINE • L-TYROSINE • L-THEANINE • 5-HTP • REISHI • CHAGA • LION'S MANE • TURKEY TAIL • 5-DEFENDERS • CORDYCEPS • BLUE SPIRULINA • ASHWAGANDHA • RHODIOLA • KAVA • CBD • WHEATGRASS • B12 MCT OIL • CINNAMON • EXTRA DATES • GREEN SPIRULINA • TAHINI • TURMERIC • CASHEW BUTTER • SUNFLOWER BUTTER • ALMOND BUTTER • LEMON • LIME • GINGER • MILK THISTLE • SKULLCAP • BURDOCK • ESPRESSO • CACAO POWDER

LIQUIDS

OAT MILK • ALOE JUICE • HEMP MILK • COCONUT MILK • FRESH JUICE

TOPPINGS

SHREDDED COCONUT • CHIA SEEDS • FLAX MEAL • HEMP SEEDS • BUCKWHEAT • CACAO NIBS • SUNFLOWER SEEDS • PUMPKIN SEEDS • DRIED CRANBERRIES • RAISINS • ALMONDS • CASHEWS • WALNUTS • GRANOLA • FROZEN BERRIES

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SAVORY DISHES

SPAGHETTI AND BEETBALLS

ZUCCHINI NOODLES, RAW MARINARA SAUCE, BEETBALLS, PESTO

CREAMY ZUCCHINI

ZUCCHINI NOODLES, SUNFLOWER ALFREDO SAUCE, MARINATED MUSHROOMS, PESTO

PAD THAI

KELP NOODLES, PEANUT-FREE PAD THAI SAUCE, PICKLED CABBAGE, SHREDDED CARROTS, SCALLIONS, CASHEWS, BLACK SESAME SEEDS

BURRITO BOWL

MARINATED KALE, QUINOA, PECAN TACO MEAT, PICKLED CABBAGE, PINEAPPLE SALSA, CILANTRO-LIME CREMA, NACHO SAUCE

MEDITERRANEAN BOWL

SPINACH, SPROUTED BROWN RICE, SUNFLOWER TUNA SALAD, TOMATOES, CUCUMBERS, HUMMUS, OLIVE TAPENADE, OLIVE OIL

POKÉ BOWL

SPROUTED BROWN RICE, PINEAPPLE SALSA, RED PEPPERS, CUCUMBERS, SUNFLOWER TUNA SALAD, POKÉ DRESSING

KALE WALDORF

MARINATED KALE, WALDORF DRESSING, GREEN APPLE, CELERY, BLOOMED RAISINS IN TERRA VINAIGRETTE, WALNUTS

BUILD A BOWL

BOWL BASES

KALE • SPINACH • RICE • QUINOA • ZOODLES • KELP NOODLES

PROTEINS

SUNFLOWER TUNA • CHICKPEA SALAD • PECAN TACO MEAT • SPECIAL

SAUCES

WALDORF • ALFREDO • MARINARAW • PAD THAI • POKÉ • NACHO • CILANTRO-LIME CREMA • HUMMUS • PESTO • CARROT GINGER • SPRING ROLL SAUCE • OLIVE OIL AND VINEGAR • TERRA VINAIGRETTE • OLIVE TAPENADE

TOPPINGS

PICKLED CABBAGE • CARROTS • MARINATED MUSHROOMS • CUCUMBERS • TOMATOES • PEPPERS • OLIVES • CELERY • ONIONS • SCALLIONS • RAISINS • SHREDDED MUSHROOMS • ZUCCHINI • GREEN APPLE • PINEAPPLE SALSA • CHIA SEEDS • FLAX SEEDS • BUCKWHEAT • HEMP SEEDS • SUNFLOWER SEEDS • ALMONDS • CASHEWS • PUMPKIN SEEDS • SESAME SEEDS • DRIED CRANBERRIES • NUTRITIONAL YEAST • WALNUTS